



Midwifery & Maternal Child Health Educators Conference

June 16-20, 2010 Portland, Oregon

Keeping the Heart of MotherCare

Join us at a very special conference bringing together the best midwifery, birth and lactation professionals to share their knowledge and the ways they keep the heart of MotherCare in their practices and teaching.

MotherCare is women serving women in a way that is empowering, nurturing, values nature, and supports families. MotherCare professionals include midwives, nurses, doulas, physicians, lactation specialists, educators, and activists. MotherCare providers work in diverse settings sharing a commitment to healthy mothers and babies.

Keynote Speakers



Melissa Cheyney, Ph.D., CPM, LDM is an Assistant Professor at Oregon State University. She is the author of the upcoming book *Born at Home: The Biological,*

Cultural and Political Dimensions of Maternity Care in the United States (2011, Cengage) and her research was recently featured in a Time Magazine article. In addition to teaching, she has a home birth practice in Oregon.

Bonnie Gruenberg, CNM, WHNP, MSN, is the



author of the award-winning book *Birth Emergencies Skills Training (BEST) Manual for Out of Hospital Providers*, (2008, BirthMuse Press) and *Essentials of Prehospital Maternity Care* (2005, Prentice

Hill). Bonnie is a faculty member of Aviva Institute, and has a busy clinical practice working in a hospital setting in Pennsylvania, working with a diverse and under served population.

Sponsors



An Organic Market
From Our Family to Yours -
Working to Create Wellness for
Many Generations to Come



Birth Muse Press™

www.educatorsconference.com

	Midwifery Skills Lab	Lactation
9:00 AM - 12:10 PM	Neonatal Resuscitation* REGISTRATION CLOSED <i>Andrea Dixon, CNM</i> Evidence-based approaches to the resuscitation of the newborn, with causes, prevention, and management of mild to severe neonatal asphyxia carefully explained.	Teaching Through Touch: Breastfeeding Artistry <i>Doris Onnis, RN, IBCLC, RLC</i> Common barriers to breastfeeding, how to implement effective tools to provide breastfeeding assistance, and techniques to improve breastfeeding comfort.
12:10 - 1:00 PM	Lunch Break	
1:10-4:20 PM	NARM Skills Check offs <i>Sharon Craig Economides, BA, CPM, MSc, IBCLC</i> Madrona Bourdeau CPM, LDM NARM Qualified Evaluator available for skills check offs including but not limited to: Vital Signs, Adult Physical Exam, Normal Newborn Exam, Prenatal Skills, Emergency Scenarios. We will be using the NARM approved check off list found in the <i>Practical Skills Guide for Midwifery</i> by Pam Weaver and Sharon Evans.	Breastfeeding Latch and Positioning <i>Meg Stalnaker, IBCLC</i> Newborn behavior instincts that facilitate the baby's ability to breastfeed, and (through role play) how to assist the mother and baby with latch at early birth and in early postpartum weeks.
<p>*For Neonatal Resuscitation, you will need to register http://www.aap.org/nrp/provider/provider_ooverview.html, and take and pass the test PRIOR to attending the conference class. This costs \$29. At the conference class, you will need to bring your certificate of completion, which shows that you have completed online testing for Chapters 1-4 and Chapter 9. You only need these chapters because the class is adapted for out-of-hospital providers. Also bring your current NRP card (if applicable). When registering, you will need to specify Andrea Dixon as your NRP instructor, as she will be doing the Megacode Evaluation.</p>		

	Midwifery	Lactation
9:00-12:10	IV and IM Skills Lab* <i>Andrea Dixon, CNM</i> This skills lab is designed for practicing midwives or advanced students who have had previous training in the principles of safe intravenous therapy, indications for use of IV therapy in midwifery. The focus is equipment and practicing. Participants will be learning on each other and will need to be willing to be stuck or provide a model. We will be using the NARM approved check off list found in the <i>Practical Skills Guide for Midwifery</i> by Pam Weaver and Sharon Evans.	Troubleshooting: Breastfeeding Challenges <i>Margi Munson, IBCLC, RLC</i> <i>Lisa Johnson, MA, IBCLC, RLC, LCCE</i> Participants will learn through case analysis to differentiate between basic and more complex breastfeeding challenges. Learners will discuss and learn maternal and infant variations impacting breastfeeding outcome, scenarios for use of nipple shields, supplementation, bottle introduction, and breast pump introduction. Participants will learn case management based on socioeconomic status and complex cases.
12:10-1:10	Lunch Break	
1:10-4:20	Suturing for Skills Lab * <i>Virginia (Ginger) Frazer, ND, LM</i> This skills lab is designed for practicing midwives or advanced students who have had previous training in the principles of safe intravenous therapy and indications for use of IV therapy in midwifery. The focus is equipment and practicing.	What's in your bag? Midwives and doulas bring your bags and lets share equipment and tricks. (no cost for full conference registrants)
		Tools of the Trade for Breastfeeding Skills Lab <i>Doris Onnis, RN, IBCLC, RLC</i> We will identify "tools" used to facilitate breastfeeding, as well as their negative and positive factors. Participants will learn about different breast pumps and their uses, as well as bottle feeding and supplementation. Much of this session will be role play.

*For these classes you will need to have the supplies listed [here](#) for IV/IM and [here](#) for Suturing. We will be using the NAR approved check off list found in the *Practical Skills Guide for Midwifery* by Pam Weaver and Sharon Evans.

8:30-8:55	Opening Ceremony		
9:00-10:30	<p>Learning Virtually <i>Alesha Fox, MS</i></p> <p>How different learning styles learn in virtual environments, and how to determine virtual learning types. How to apply woman-centered learning models in virtual environments.</p>	<p>Twins: Double Trouble or Twice the Fun? <i>Bonnie Gruenberg, MSN, CNM, CRNP</i></p> <p>Maternal and fetal complications associated with multiple gestation, discuss how the provider can recognize twin pregnancy without ultrasound, management of undiagnosed twin delivery and its problems. Monochorionic and Monoamniotic twins, discordant growth, and twin to twin transfusion.</p>	<p>Aromatherapy and Herbs for Pregnancy and Lactation. <i>Jill Edwards, ND</i></p> <p>Basic principle of aromatherapy and herbal use, practical uses, benefits, safety awareness and resources</p>
10:40-12:10	<p>Training Doulas <i>Tamy Roloff LM, CPM, CD</i></p> <p>How traditional medical organizations could reap from beginning birth doula training. Participants will discuss the differences between beginning their own training and utilizing existing trainers, the benefits of doulas for midwives and their clients. Tips and Techniques for trainers.</p>	<p>Global Midwifery in Humanitarian Settings <i>Sharon Craig Economides, BA, CPM, MSc, IBCLC</i></p> <p>Why midwives may want to be involved in humanitarian efforts and organizations with which midwives can volunteer or work in these settings, as well as common causes of infant and maternal morbidity.</p>	<p>What is New in Postpartum Mood Disorders? <i>Wendy Davis, Ph.D</i></p> <p>New research about postpartum depression, learn to identify risk factors in clients, the range and symptoms of pregnancy and postpartum mood disorders, as well as how to offer local and national resources for support and treatment.</p>
12:10-1:10	<p>Lunch (included in conference fee) Keeping the Heart of MotherCare in Education Panel Discussion</p>		
1:10-2:40	<p>Fun and Innovative Teaching Techniques <i>Alisa Weiss, ICCE-CPE, CD(DONA)</i></p> <p>Learn how to teach content through creating "sticky" messages, which are engaging messages focused on building relationships with audiences and making an impact to ensure learning. Participants will learn to incorporate humor and acronyms into their teaching content.</p>	<p>Effects of Loss on Out of Hospital Providers <i>Tamy Roloff LM, CPM, CD</i></p> <p>When there is a death in an out of hospital setting there are often many factors involved that midwives and families are not prepared for. In this session we will discuss effects of loss on the midwife, stages of grief, support, long term effects of loss, and a plan for their practice in the event of a loss.</p>	<p>Placenta For Postpartum Recovery <i>Jodi Selander</i></p> <p>The function and role of the placenta after birth, symbolism between the Tree of Life and the placenta, cultural uses of the placenta, the role of Traditional Chinese Medicine's use of placenta for postpartum recovery, and the benefits of placentophagia (ingestion of placenta) for postnatal mood disorders.</p>
2:50-4:20	<p>Educator Meeting</p> <p>Round table discussion on MotherCare education collaboration.</p>	<p>Baby Done a Bad Thing: Common Neonatal Problems <i>Bonnie Gruenberg, MSN, CNM, CRNP</i></p> <p>Neonatal sepsis, compare and contrast jitters and seizure in the neonate, learn the signs of hypovolemia, birth injuries and management, as well as clinical management of neonatal hypoglycemia.</p>	<p>Donor Milk Banks: Who, What, When, Where? <i>Dixie Whetsell, MS, IBCLC, RLC</i></p> <p>What a human milk bank does, the existing network of milk banks in the US, how prospective milk donors are screened, steps of milk processing, possible recipients of donor milk, resources for starting a donor milk bank, and how to support the creation of a milk bank in Portland, Oregon.</p>

<p>8:00-9:30</p>	<p>Faculty Development <i>Alesha Fox, MS</i></p> <p>Do we teach how we were taught? New teaching paradigms and how can we use them. How MotherCare programs can develop faculty that promote woman-centered learning and academic excellence.</p>	<p>Cannabis: Healing Herb or Demon Weed? <i>Erin Hildebrandt</i></p> <p>Historical use of cannabis in medicine and the impact of legal and political status on health care issues during pregnancy, fears surrounding the use of cannabis during pregnancy and helping families to make the best decisions for their health.</p>	<p>Immunization Update <i>Edwin Hoffman-Smith, PhD, ND</i></p> <p>What is the difference between the public health and personal perspective regarding vaccinations? Basic types of vaccines and their mechanism of action, relative and absolute contraindications to vaccinations, the pros and cons of the routine childhood vaccines.</p>
<p>9:40-11:10</p>	<p>Technology in Education <i>Daphne Singingtree, CPM</i></p> <p>Distance, Social Media, Gadgets, the benefits and downfalls of using technology in MotherCare education. Methods and tools used in educational technology.</p>	<p>Group Prenatal Care with Low Income Spanish Speaking Women <i>Sylvia Bortin Patience, CNM, MSN, FPN</i></p> <p>The advantages and drawbacks of group prenatal care, as well as pregnancy related beliefs and practices of Mexican and Central American women.</p>	<p>Identifying Potential Breastfeeding Challenges Prenatally and Postpartum <i>Meg Stalnaker, IBCLC</i></p> <p>Prenatal and postpartum issues that may affect breastfeeding, as related to personal and medical issues.</p>
<p>11:20-12:20</p>	<p>Lunch(included in conference fee) Advocacy without Acrimony Panel Discussion</p>		
<p>12:30-2:00</p>	<p>Culturally Competent Care Bridging the Gap Between Holistic and Medical Models <i>Melissa Cheyney, Ph.D., CPM, LDM</i></p> <p>The importance of culturally competent health care, the central political-economic and cultural factors that limit maternity care in the United States, the key characteristics defining and dividing holistic and medical models, as well as methods for developing collaborative protocols.</p>	<p>Activating Your Intuition for Birth <i>Jesse Remer Henderson BCD, PCD, CBDT, LCCE</i></p> <p>Participants will learn through discussion and role play, how to increase intuitive awareness in birth, how intuition assists the doula in birth, and assessment of their own intuitive skills.</p>	<p>How to Become an International Board Certified Lactation Consultant (IBCLC) <i>Sharon Craig Economides, BA, CPM, MSC, IBCLC</i></p> <p>Review the definitions of IBLCE, IBCLC, ILCA and LLLI, pathways to becoming an IBCLC and the best one for themselves, as well as courses of study and resources for passing the exam.</p>
<p>2:10-3:40</p>	<p>Clinical Teaching</p> <p>Changing models of clinical training for MotherCare professionals Daphne Singingtree, CPM ----- Upside down model for training midwives in OOH practice Cynthia Luxford, LDM Includes what NARM requires of the CPM and how to include this as a training aid.</p>	<p>Placentas Behaving Badly <i>Bonnie Gruenberg, MSN, CNM, CRNP</i></p> <p>Interpreting ultrasounds and lab reports with abnormal postpartum bleeding, identify signs and symptoms of retained placental fragments, compare and contrast outcomes of active third stage management and outcomes of expectant management of third stage, how to formulate a plan for third stage hemorrhage which includes pharmacological therapy.</p>	<p>Strong Finish to Finding Success in Breastfeeding <i>Doris Onnis, RN, IBCLC, RLC</i></p> <p>Ways to preserve the mother-infant feeding experiences in the event breastfeeding cannot be the complete feeding for the baby. This includes learning how to help families cope with the grief of lactation loss, defining success for individual families, and providing available resources to support the family with a newborn.</p>
<p>3:50-5:20</p>	<p>Student Round Table</p> <p>MotherCare students share with faculty and trainers their experiences, joys and challenges.</p>	<p>What is new in Posterior Positions in Labor? <i>Hope Medford, CPM, LMT</i> <i>Jesse Remer Henderson BCD, PCD, CBDT,</i></p> <p>Midwife and doula team up to share latest technique and research on posterior position in labor.</p>	<p>Special Pediatric Challenges in Lactation Margi Munson, IBCLC, RLC <i>Andi Markell, RD</i></p> <p>Successful breastfeeding for post NICU graduates, understand when fortified feed may be necessary in the NICU and after discharge, and how to maintain adequate milk supply.</p>

Night on the Town Local folks will team up with those from out of town and plan dinner and evening out.

9:00 10:00	Integrating Spirituality into our MotherCare Practices Discussion Circle		
10:10 11:40	<p>Teaching Research Methods to MotherCare Students <i>Melissa Cheyney, Ph.D., CPM, LDM</i></p> <p>Three main research approaches, as well as their strengths and weaknesses, how to write and critique research questions and hypothesis, and the ins and outs of the Institutional Review Board (IRB).</p>	<p>It IS Who You Know: Building Birth <i>Kimberly Bepler, CPD, ICPE, CLE</i></p> <p>Marketing techniques for birth related businesses, learn the structure of different networking group types and their effectiveness and techniques involved in networking. Participants will also design a marketing plan based on their personal skills and talents.</p>	<p>Fathers At Birth: Their Unique Role and Needs <i>Rose St. John</i></p> <p>How to support and empower fathers in the MotherCare model, how to utilize professionals when both mother and father struggle with stress, isolation, or mental health concerns.</p>
12:00 1:00	<p>Lunch (included in conference fee) <i>Fathers Panel to share about birth and being partner to a MotherCare Professional</i></p>		
1 - 2:30	<p>Teaching Midwifery in Low Resource Settings <i>Sharon Craig Economides, BA, CPM, MSc, IBCLC</i></p> <p>Challenges and Benefits of Teaching Midwifery in low resource settings. Working with WHO and other NGOs.</p>	<p>BioDynamic Birth <i>Cynthia Luxford, LDM</i></p> <p>Participants will learn to analyze and compare methods of "with woman" in labor and birth, proper ways to assist women in birth, and to create a physiologically beneficial environment for the laboring and birthing woman.</p>	<p>Communication Breakdown: Why We Don't Do and Say What Matters Most <i>Crystal Mattox, LMFT</i></p> <p>Why do MotherCare providers often care for themselves last? We will look at analyzing self-limiting beliefs, emotions, behaviors, specific areas to practice assertiveness, and areas that have been neglected in self-care. Participants will also learn rituals that can be used to aid in transitions and how to protect personal boundaries.</p>
2:40-4:10	<p>Geeks Meet</p> <p>So much of the work we do with mothers and babies is dependent on information technology. We will be sharing how technology can help MotherCare education.</p>	<p>Turning Breeches: External Cephalic Version <i>Edwin Hoffman-Smith, PhD, ND</i></p> <p>Learn to identify fetal positions and presentations through palpation and describe sources of error. Participants will learn the procedure of external cephalic version, as well as its benefits and possible hazards (and how to minimize these). Participants will discuss the role of ultrasound in enhancing the safety of this procedure.</p>	<p>Therapeutic Communication: Choosing Words of Empowerment: <i>Kimberly Bepler, CPD, ICPE, CLE</i></p> <p>In this session, participants will learn: different aspects of the postpartum woman's emotional state, helpful and damaging language regarding breastfeeding struggles, the difference in parenting techniques of mothers and fathers, and how to ease relationships between new parents and new grandparents.</p>
4:10-4:30 Closing Ceremony			

Speakers

Kimberly Bepler, CPD, ICPE, CLE is a Certified Postpartum Doula (CAPP and DONA), a Certified Postnatal Educator (ICEA), and a Certified Postpartum Doula Trainer (CAPP). She received her Lactation Specialist and Educator training from Evergreen Hospital. Kimberly also teaches breastfeeding, newborn care, new mom support groups, and twin/triplet classes within the Providence Health System, and offers doula trainings through CAPP and Birthingway College of Midwifery.

Madrona Bourdeau CPM, LDM lives her life with intention and compassion as a practicing midwife for over thirty years. Like most of the midwives of her era, her education was through self study, workshops and apprenticeship. She completed her apprenticeship in 1983 and worked on legislation until she moved to Oregon in 1988. She is a NARM Qualified Evaluator.

Melissa Cheyney, Ph.D., CPM, LDM is an Assistant Professor at Oregon State University. She is the author of the book *Born at Home: The Biological, Cultural and Political Dimensions of*

Maternity Care in the United States (Wadsworth) and her research was recently featured in a Time Magazine article. In addition to teaching, she has a home birth practice in Oregon.

Wendy Davis, Ph.D., has a counseling and consulting practice, specializing in pregnancy, birth, and postpartum mental health and recovery. She was the Founding Director of Baby Blues Connection mom-to-mom support organization in 1994, and now serves as their clinical adviser and volunteer trainer. She is the Program Director and Oregon support coordinator for Postpartum Support International.

Andrea Dixon, CNM, From the first NAPSAC group of Ann Arbor, Michigan in the 70's, studying midwifery in Boulder, Colorado, and becoming a CNM in 1987, Andrea has covered nearly all the bases in the world of Midwifery. She serves as a current Board Member for Indiana Midwives Association.

Sharon Craig Economides, BA, CPM, MSc, IBCLC, has worked as a homebirth midwife, in a birth center, and in hospital settings in Russia, Haiti, the Philippines, Afghanistan and California. She received her Master's degree in Midwifery through the *University of Sheffield* in the UK. She is a freelance writer for *Midwifery Today*, *Sojourners*, Pakistan's *The Friday Times* and other publications. She works with *Awakenings Birth Services*, in the San Francisco Bay Area. She is on the faculty at Aviva Institute. She is a NARM Qualified Evaluator.

Jill Edwards, ND is a midwife and naturopathic physician with the Vibrant Family Medicine in Gresham, Oregon. She also conducts clinical research at the *Helfgott Research Institute*. See her article in the recent issue of *Fit Pregnancy* about aromatherapy in pregnancy. She currently is continuing her research education at *Oregon Health and Science University (OHSU)*.

Crystal Mattox, LMFT is a licensed Marriage and Family Therapist working in the Portland area for 5 years. She specializes in helping to understand and heal the emotional and psychological effects that varied kinds of trauma have on personal identity and intimate relationships. She enjoys teaching and speaking on subjects related to helping people understand and make meaning of difficult events in a life enhancing way.

Andi Markell, RD, has been a dietitian since 2000. She was the first neonatal dietitian at Legacy Emanuel Health Center and has been responsible for creating the nutrition program in the NICU and co-established the Nutrition & Lactation Follow Up Service an outpatient service for babies who discharge from the NICU on fortified breastmilk feeds. She continues to work clinically in the NICU as well as non-clinically as the Lead Neonatal and Pediatric Dietitian at Emanuel.

Margi Munson, IBCLC, RLC has her Master's in Human Development with a specialization in Lactation Consulting from Pacific Oaks College and the Lactation Institute. She has been a Board Certified Lactation Consultant since 2007. Lisa is also a certified childbirth educator. Her primary lactation focus has been helping teen moms breastfeed. She also has a special interest in ankyloglossia, and spent time with a Pediatric surgeon researching a new way to perform frenotomies. She currently is working as a Lactation Consultant for Legacy Health System.

Cynthia Luxford has been practicing midwifery since 1988 on the Central Oregon Coast, where she also has a Licensed Freestanding Birth Center, Home Sweet Home Birth. She trains midwives through apprenticeships as a preceptor for Birthingway College of Midwifery in Portland, Oregon, National College of Midwives and Aviva Institute. She currently holds a position on the Oregon State Board of Midwifery.



Doris Onnis, RN, IBCLC, RLC has been a practicing nurse for 30 years and an International Board Certified Lactation Consultant since 1997. She has been involved with Maternal-Child Health including Neonatal ICU, Newborn nursery, Postpartum care, and Home Health for Maternal-Child postpartum follow-up. Doris supervises the Lactation Program for Providence St. Vincent Hospital as well as the Postpartum Care Center. Since 1995, Doris has been involved with the growth and development of breastfeeding programs at Providence St. Vincent.

Sylvia Bortin Patience, CNM, MSN, FPN, has practiced midwifery since 1976, when she began as an apprentice trained home birth midwife in Idaho. In 1984, she was certified as a Nurse Midwife from Stanford University and licensed in California. She received her Master's Degree in nursing from the **University of California, San Francisco** and her Family Nurse Practitioner with a Bachelor of Science in Nursing, from the **Boise State University**. She is on the faculty at Aviva Institute.

Speakers

Tamy Roloff LM, CPM, CD started attending births in 1984. She became a La Leche League Leader in 1995, a DONA certified doula in 1998, a Certified Childbirth Educator with ICEA in 2000, and a DONA Approved Doula Trainer in 2003, and graduated from *Seattle Midwifery School* in 2003. She has a bachelor's degree in Interdisciplinary Studies at *Eastern Washington University*. She lives and practices in Long Beach, Washington. She trains doulas both through DONA and Aviva Institute where she serves on the faculty.

Virginia (Ginger) Frazer, ND, LM graduated from *Bastyr University*, receiving her doctorate in naturopathic medicine. In 1993, she received her midwifery certificate after precepting in the Seattle area. Ginger received her undergraduate degree in

Environmental Studies at *University of California at Santa Cruz* and her BS degree in human health sciences from *Bastyr University*. She currently runs an independent practice in natural family medicine.



Alesha Fox, MS has over seven years experience working in quality assurance in the field of education. Alesha has presented information regarding accreditation to the Public Policy graduate students and the University of Oregon and is currently the Administrative Director of Aviva Institute.

Bonnie Gruenberg, MSN, CNM, CRNP is a practicing midwife, writer, artist and photographer. She is the author of *Hoof Prints in the Sand*, *Wild Horses of the Atlantic Coast*, *Essentials of Prehospital Maternity Care*, and *Birth Emergency Skills Training (B.E.S.T.) Manual for out-of-hospital birth providers*. She has practiced in urban high-tech hospitals as well as the lamp-lit Amish bedrooms of rural Pennsylvania. She currently practices in central Pennsylvania, caring for an underserved, culturally diverse inner city population.

Jesse Remer Henderson BCD, PCD, CBDT, LCCE Mother Tree Birth Services. She is a Lamaze certified educator and a certified DONA trainer. She has supported hundreds of families in out-of-hospital settings. She has worked in the Legacy Health System, Adventist Medical Center, Zenana Spa and Wellness Center and Loving Touch Classroom. Her teaching specialty includes Natural Pain Coping Techniques, Comfort Massage, Comfort Positions for Labor.

Erin Hildebrandt is a wife, mother, activist, artist, legally registered Oregon medical marijuana patient, public speaker, and an internationally published writer. She co-founded Parents Ending Prohibition, and her writing has been printed in *Mothering Magazine*, New York's *Newsday*, and Canada's *National Post*, among many others. Erin has been interviewed for a front page story in *USA Today*, and she has been published in the American Bar Association Journal.

Edwin Hoffman-Smith, Ph.D, ND, earned a Ph.D in biology from Case Western Reserve University in 1971 and graduated from the National College of Naturopathic Medicine in 1979. His naturopathic family practice includes attending home and birth center births.

Lisa Johnson, MA, IBCLC, RLC, LCCE has her Master's in Human Development with a specialization in Lactation Consulting from Pacific Oaks College and the Lactation Institute. Her primary lactation focus has been helping teen moms breastfeed. She also has a special interest in ankyloglossia, and spent time with a Pediatric surgeon researching a new way to perform frenotomies.

Jodi Selander created PlacentaBenefits.info in 2006 to raise awareness of the benefits of using the placenta for postpartum recovery. She then developed the Placenta Encapsulation Specialist Training & Certification Course to help professionals provide safe, quality placenta encapsulation services to new mothers. She is the author of the upcoming book entitled *The Postpartum Survival Guide*. Jodi is currently involved in placenta research at the University of Nevada, Las Vegas.

Daphne Singingtree, CPM is the author of the *Birthsong Midwifery Workbook*, *Emergency Guide to Obstetric Complications*, and *Training Midwives: A Guide for Preceptors*. She has been practicing and teaching midwives since 1974. She is the founder and Academic Director of *Aviva Institute*. She has a Bachelors in Organizational Management from Ashford University where she currently working on her Master's in Education with a concentration in Technology Leadership.

Rose St. John is author of *Fathers at Birth: Your Role in Bringing Your Child into the World* and is committed to offering men a strong sense of place in the birthing process. The book was highly recommended by *Mothering Magazine* and endorsed by Barbara Harper, who said it is, "the best doula book ever written." St. John is a mother, doula, prenatal/postnatal and couples yoga instructor, and created a birth preparation program based on yogic principles.

Meg Stalnaker, ICBLC is an International Board Certified Lactation Consultant and has been working with breastfeeding families since 1991. Meg works with Beyond Birth Lactation Services at Zenana Spa and Wellness Center and has taught Childbirth and Newborn Care and Breastfeeding classes for the Providence Health System for 16 years. Meg also practiced as a Homebirth Midwife for 13 years and attended *Birthingway Midwifery School*.

Alisa Weiss, ICCE-CPE, CD(DONA), originally trained as a Bradley educator, has since earned certifications as an ICEA childbirth and postnatal educator, lactation educator, labor and postpartum doula. Alisa currently teaches a wide variety of prenatal classes for three hospital systems in the Portland/Vancouver area. She is a passionate, innovative educator with dynamic ideas for meeting the needs of this generation.

Dixie Whetsell, MS, IBCLC, RLC is an International Board Certified Lactation Consultant who has been working with breastfeeding families since 1992. She has a Master's degree in Health Education from the University of Oregon. Dixie has experience working as a lactation consultant in both private practice and in a hospital setting. She also instructs lactation training courses. She has served as a breastfeeding consultant with county and state WIC programs.

Location	
<p>Held in beautiful Portland, Oregon at the Downtown Embassy Suites. Portland is a vibrant city known for its focus on sustainable living, arts communities, and regional natural beauty. You don't want to miss this fabulous event, a beautiful hotel within walking distance from a waterfront park, world class shopping, art galleries, and a multitude of restaurants. <i>Includes breakfasts</i>. BRING THE FAMILY and enjoy many nearby outdoor activities including boating, fishing, jet skiing, and sailing. Tax-free shopping and restaurants only a short walk away. Also visit the Oregon Museum of Science and Industry, the Oregon Zoo, the Portland Art Museum or take a tour through wine country. Embassy Suites: 319 Southwest Pine St. Portland, OR 97204 Phone: 1-800-HILTONS</p>	
Cost	
Before June 1, 2010	After June 1, 2010
Preconference ½ Day: \$62.50	Preconference ½ Day: \$75.00
One Day: \$125.00	One Day: \$150.00
Two Days: \$250.00	Two Days: \$275.00
Three Days: \$375.00	Three Days: \$450.00
Four Days: \$500.00	Four Days: \$500.00
Five Days: \$625.00	Five Days: \$750.00
Full Day only for FRI/SAT/SUN	Full Day only for FRI/SAT/SUN
<p>Discounts: 10% for students and Association of Midwifery Educators. 25% Discount for Fathers on Sunday.</p>	

Other Costs: \$10.00 per day for CEU oGuest Lunch: \$25.00x__

Refunds: No refunds will be given after June 5, 2010. A processing fee of 10% before that date.

Financial Hardship: Volunteer prior and during the conference to save conference fees. Contact us for payment plans.

Payment

Register Online at www.educatorsconference.com
Or complete form, mail or fax to 800-584-6235

PayPal: registration@educatorsconference.com

Checks: Mail prior to 6/5/10 to Eagletree, LLC – Conference
2740 Shirley St. Eugene, OR 97404/ **Amount Owed:** _____

Credit Cards: o Visa o MC **Amount Owed:** _____

Name on Card: _____

Address on Card: _____

City/State/Zip: _____

Card #: _____ exp. _____ code _____

Signature _____

Continuing Education

Certificate of Attendance will be provided at no cost. CEUs fee required for approved CEU certificate.

35 ICEA contact hours are approved. 35 CEUs by the California

Board of Registered Nursing are approved: Provider Number CEP

11487 19.5 L-CERPs and 1.5 R- CERPs approved by IBLCE.

Approval Number C110236 MEAC, ACNM specialty credits pending review. **Please Circle Type Needed**

Notices

Disclaimer: Conference organizer Eagletree, LLC or sponsors,

cannot be held responsible for natural disasters, labor strikes, acts

of war or other events that may cause the conference to be

rescheduled. Eagletree, LLC, reserves the right to postpone the

conference to another time, date, and, if necessary, location.

Babies and Children: Babes in arms are welcome; however, we

ask that you please leave the room if your baby is being loud. The

sessions will be audio-recorded, and equipment is very sensitive

even to small noises. For those with toddlers or older children,

please make childcare arrangements during sessions. Visit the

website for childcare contact information.

Contact

Website: www.educatorsconference.com

Email: info@educatorsconference.com

Phone: 800-584-6235 ext #3 **Fax:** 800-584-6235

Conference Coordinator: Cortney McIntyre

email: cortney.mcintyre@educatorsconference.com

Registration

Name: _____

Facility/Organization: _____

Address: _____

City/State/Zip: _____

Phone: _____

Home: _____ Cell: _____ Fax: _____

Email (required): _____

PreConference – Wednesday, June 16, 2010

Neonatal Resuscitation

Teaching Through Touch: Breastfeeding Artistry

NARM Skills Check offs

Breastfeeding Latch and Positioning

PreConference – Thursday, June 17, 2010

IV and IM Skills Lab

Troubleshooting: Breastfeeding Challenges

Suturing for Skills Lab

Tools of the Trade for Breastfeeding Skills Lab

Friday, June 18, 2010

Learning Virtually

Twins: Double Trouble or Twice the Fun?

Aromatherapy and Herbs for Pregnancy and Lactation

Training Doulas

Global Midwifery in Humanitarian Settings

What's new in Postpartum Mood Disorders?

Lunch (included in fee)

Fun and Innovative Teaching Techniques

Effects of Loss on Out of Hospital Providers

Placenta For Postpartum Recovery

Educator Meeting

Common Neonatal Problems

Donor Milk Banks: Who, What, When, Where?

Saturday, June 19, 2010

Faculty Development

Cannabis: Healing Herb or Demon Weed?

Immunization Update

Technology in Education

Group Prenatal Care

Identifying Potential Breastfeeding Challenges

Lunch (included in fee)

Bridging the Gap Between Holistic and Medical Models

Activating Your Intuition for Birth

How to Become an IBCLC

Clinical Teaching

Placentas Behaving Badly

Strong Finish to Finding Success in Breastfeeding

Student Round Table

What is new in Posterior Positions in Labor?

Special Pediatric Challenges in Lactation

Sunday, June 20, 2010

Integrating Spirituality into our MotherCare Practices

OTeaching Research Methods to MotherCare Students

It IS Who You Know: Building Birth

Communication Breakdown:

Fathers and Perinatal Depression/Anxiety

Lunch (included in fee)

Teaching Midwifery in Low Resource Settings

Communication Breakdown

BioDynamic Birth

Fathers at Birth

Turning Breeches: External Cephalic Version

Therapeutic Communication